

# JUNE - DAILY ART

01-07

MONDAY

01

WHAT DOES THIS QUOTE MEAN TO YOU?:  
“EVERY ARTIST WAS FIRST AN AMATEUR” - RALPH WALDO EMERSON

TUESDAY

02

WHAT IS SOMETHING INTERESTING IN YOUR VIEW? DESCRIBE IT IN GREAT DETAIL.

WEDNESDAY

03

FROM WHERE YOU ARE SITTING: FIND 5 THINGS YOU HAVE NEVER NOTICED BEFORE.

THURSDAY

04

NOTICE THE SHADOWS ON THE GROUND OR FLOOR. WITHOUT KNOWING WHAT CAST THEM, WOULD YOU KNOW WHAT THEY WERE?

FRIDAY

05

THE FIRST THING YOU SEE TO YOUR RIGHT, DRAW IT!

SATURDAY

06

THE FIRST THING YOU SEE ON YOUR LEFT, DRAW IT!

SUNDAY

07

LOOK OUT THE WINDOW FOR 10 SECONDS. CLOSE YOUR EYES. DON'T LOOK OUT AGAIN. TRY TO DRAW OR WRITE DOWN WHAT YOU SAW.

NOTES

ART IS ALL AROUND US. WHERE DO YOU SEE ART? IS IT LIMITED TO JUST THE CLASSROOM?

# JUNE - DAILY ART

08-14

MONDAY

08

WHAT DOES THIS QUOTE MEAN TO YOU?:  
"ANYTHING CAN BE A STARTING PLACE. BEGIN WHERE YOU ARE." - KERI SMITH

TUESDAY

09

FIND ONE THING THAT YOU ARE CURIOUS ABOUT IN THE KITCHEN. COLLECT IT, DRAW IT, OR WRITE IT DOWN.

WEDNESDAY

10

FIND ONE THING THAT YOU ARE CURIOUS ABOUT IN YOUR ROOM. COLLECT IT, DRAW IT, OR WRITE IT DOWN.

THURSDAY

11

FIND ONE THING THAT YOU ARE CURIOUS ABOUT THAT IS OUTSIDE. COLLECT IT, DRAW IT, OR WRITE IT DOWN.

FRIDAY

12

FIND ONE THING YOU ARE CURIOUS ABOUT IN ANY ROOM. COLLECT IT, DRAW IT, OR WRITE IT DOWN.

SATURDAY

13

FROM EVERYTHING YOU COLLECTED THIS WEEK, IF YOU WERE TO PUT THESE IN A MUSEUM, WHAT WOULD THE MUSEUM NAME BE?

SUNDAY

14

DRAW A PICTURE WITH EVERYTHING YOU COLLECTED THIS WEEK.

NOTES

ART IS ALL AROUND US. CREATE A BOX OF CURIOSITIES.

# JUNE - DAILY ART

15-21

MONDAY

15

WHAT DOES THIS QUOTE MEAN TO YOU?:  
“GREAT ART PICKS UP WHERE NATURE ENDS.” -  
MARC CHAGALLN

TUESDAY

16

FIND A FLOWER. ANY FLOWER. EXAMINE SYMMETRY AND BALANCE.

WEDNESDAY

17

FIND A TALL TREE. STAND OR SIT BY THE TRUNK AND LOOK UP. HOW WOULD YOU DESCRIBE WHAT YOU SEE?

THURSDAY

18

FIND 3 ROCKS. EXAMINE THEIR TEXTURES. ARE THEY SIMILAR? DIFFERENT?

FRIDAY

19

FIND AN INTERESTING PLANT. DESCRIBE ITS STRUCTURE WITH LINES AND SHAPES.

SATURDAY

20

WHAT WAS YOUR FAVORITE NATURE STUDY THIS WEEK? DRAW IT FROM MEMORY.

SUNDAY

21

CREATE ART THAT IS INSPIRED BY NATURE.

NOTES

ART IS ALL AROUND US. HOW DOES NATURE CREATE ART?

# JUNE - DAILY ART

# 22-28

MONDAY

22

WHAT DOES THIS QUOTE MEAN TO YOU?:  
“IF I COULD SAY IT IN WORDS THERE WOULD BE NO REASON TO PAINT.” - EDWARD HOPPER

TUESDAY

23

FIND AN OBJECT THAT PORTRAYS HOW YOU ARE FEELING TODAY. WHY DOES THAT OBJECT PORTRAY THAT FEELING?

WEDNESDAY

24

CLOSE YOUR EYES. THINK OF WHAT COLORS COME TO MIND WHEN YOU ARE: ANGRY, HAPPY, AND UPSET.

THURSDAY

25

DRAW WHAT ANGER FEELS LIKE.

FRIDAY

26

DRAW WHAT HAPPINESS FEELS LIKE.

SATURDAY

27

DRAW WHAT SADNESS FEELS LIKE.

SUNDAY

28

CREATE ART FROM ANY EMOTION OR FEELING. SOMETIMES, WE CAN SAY THESE THINGS BETTER WITHOUT WORDS.

NOTES

ART IS ALL AROUND US. EVEN IN OUR MINDS.

# JULY - DAILY ART

29-05

MONDAY

29

WHAT DOES THIS QUOTE MEAN TO YOU?:  
“I SHUT MY EYES IN ORDER TO SEE.” - PAUL GAUGUIN

TUESDAY

30

CLOSE YOUR EYES INSIDE YOUR ROOM. WHAT DO YOU HEAR? HOW WOULD YOU DRAW THAT SOUND?

WEDNESDAY

01

CLOSE YOUR EYES AND LISTEN TO NATURE OUTSIDE. HOW WOULD YOU DRAW THAT SOUND?

THURSDAY

02

SPEND 5 MINUTES LISTENING. IT CAN BE ANYWHERE. HOW WOULD YOU DRAW THOSE SOUNDS?

FRIDAY

03

SPEND 10 MINUTES LISTENING. WHAT PATTERNS APPEAR IN THESE SOUNDS? IS THERE A MELODY?

SATURDAY

04

LISTEN TO THE DIFFERENT SOUNDS TODAY. IF YOU PUT THEM TOGETHER, WHAT WOULD IT LOOK LIKE?

SUNDAY

05

DRAW TO YOUR FAVORITE SONG.

NOTES

ART IS ALL AROUND US. HOW CAN SOUNDS HELP US CREATE?

# JULY - DAILY ART

06-12

MONDAY

06

WHAT DOES THIS QUOTE  
MEAN TO YOU?:  
“CREATIVITY TAKES  
COURAGE.” - HENRI  
MATISSE

TUESDAY

07

WHAT IS YOUR FAVORITE  
ART MEDIUM AND WHY?

WEDNESDAY

08

WHAT IS AN ART MEDIUM  
YOU DON'T ENJOY?

THURSDAY

09

WHAT IS AN ART MEDIUM  
YOU'VE ALWAYS WANTED  
TO TRY?

FRIDAY

10

WHAT DOES IT MEAN TO  
BE CREATIVE? WHEN  
HAVE YOU BEEN  
CREATIVE?

SATURDAY

11

WHAT IS YOUR FAVORITE  
ARTWORK YOU HAVE  
MADE? WHY?

SUNDAY

12

RESEARCH ARTISTS.  
WHAT IS YOUR FAVORITE  
ARTIST AND WHY?  
(MINE IS YAYOI KUSAMA)

NOTES

CREATIVITY EXISTS IN  
MANY FORMS. THINK  
ABOUT HOW CREATIVITY  
HELPS ARTISTS CREATE.

# JULY - DAILY ART

13-19

MONDAY

13

WHAT DOES THIS QUOTE MEAN TO YOU?:  
“WE DON’T MAKE MISTAKES, JUST HAPPY LITTLE ACCIDENTS.” - BOB ROSS

TUESDAY

14

DRAW SOMETHING YOU LIKE DRAWING.

WEDNESDAY

15

DRAW SOMETHING YOU HAVE NEVER DRAWN BEFORE.

THURSDAY

16

LOOK AT THE DRAWINGS FROM THE LAST TWO DAYS. WHICH ONE CHALLENGED YOU THE MOST?

FRIDAY

17

HAVE YOU EVER MADE ART YOU DID NOT LIKE? DO YOU STILL HAVE IT? IF SO, TRY TO TURN IT INTO A NEW ARTWORK.

SATURDAY

18

HOW WOULD YOU DESCRIBE “ACCIDENTAL ART?”

SUNDAY

19

LOOK IN EACH ROOM IN YOUR HOME AND FIND ONE AREA THAT IS INTERESTING TO YOU.

NOTES

SOMETIMES WE NEED TO EXPLORE AND CREATE IN SITUATIONS THAT ARE NEW. IT’S OK TO MAKE MISTAKES!

# JULY - DAILY ART

# 20-26

MONDAY

20

WHAT DOES THIS QUOTE MEAN TO YOU?:  
"I WOULD RATHER TAKE A PHOTOGRAPH THAN BE ONE." - LEE MILLER

TUESDAY

21

TAKE SELFIES OF DIFFERENT EMOTIONS.  
TRY AT LEAST 5.

WEDNESDAY

22

TAKE A PHOTO OF AN INTERESTING SHADOW.

THURSDAY

23

TAKE A PHOTO OF SOMEONE WHEN THEY DON'T EXPECT IT.

FRIDAY

24

TAKE A PHOTO OF THAT SAME PERSON FROM YESTERDAY BUT WHEN THEY DO EXPECT IT.

SATURDAY

25

TAKE A PHOTO OF A MEAL YOU HAD TODAY.

SUNDAY

26

TAKE A PHOTO OF YOUR VIEW OUTSIDE.

NOTES

IF YOU DO NOT HAVE ACCESS TO A CAMERA, A VISUAL MEMORY IS OK. OR FEEL FREE TO DRAW!



# JULY - DAILY ART

27-02

MONDAY

27

"YOU CAN'T SIT AROUND AND WAIT FOR SOMEBODY TO SAY WHO YOU ARE. YOU NEED TO WRITE IT AND PAINT IT AND DO IT"  
- FAITH RINGGOLD

TUESDAY

28

LOOK OUTSIDE WHEN YOU WAKE UP. RECORD WHAT YOU SEE. THEN LOOK OUTSIDE BEFORE YOU GO TO BED. RECORD THE DIFFERENCES.

WEDNESDAY

29

WRITE OR DRAW HOW YOU WOULD DESCRIBE YOURSELF.

THURSDAY

30

WHAT KIND OF ARTIST ARE YOU? A SINGER? A WRITER? PAINTER? A POET? A MUSICIAN? A PHOTOGRAPHER?

FRIDAY

31

TAKE NOTES ON GOALS YOU HAVE. DRAW OR WRITE HOW YOU CAN WORK TOWARD THOSE GOALS.

SATURDAY

01

EXAMINE OLD SHOES OF YOURS. CREATE A STORY OR DRAW A STORY OF YOUR HISTORY TOGETHER.

SUNDAY

02

DRAW, CREATE, OR WRITE ABOUT YOUR FAVORITE SUMMER MEMORY.

NOTES